

EARLY EDITION

# The Sunday Oregonian

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## TRAVEL



### Gerry Frank's Picks

Merry  
Christmas!

#### Iron

**Springs Resort** (3707 Highway 109, Copalis Beach, WA; 800-380-7950; [ironspringsresort.com](http://ironspringsresort.com)) is the definition of a retreat. Olive Little bought the original cabins and lodge in the 1940s, adding a restaurant where her cinnamon rolls and clam chowder became near-famous. Olive ran the place for over 60 years. In 2010 the True family purchased the place they'd been visiting over the years and undertook a major renovation, adding amenities such as beautiful **Pendleton** ([pendleton-usa.com](http://pendleton-usa.com)) blankets and local artwork. The time-honored cinnamon rolls are available from the resort store. Bring your dogs (welcomed with personal dog dishes, easy-access faucets for cleaning paws and pet towels). One or two bedrooms starting at \$159; select cabins sleep up to 10 guests.

Woodburn doesn't always get a fair shake. But the wildly successful **Woodburn Company Stores** (1001 N.

Arney Road; 503-981-1900; [woodburncompanystores.com](http://woodburncompanystores.com)), affordable and good golf courses and a resident senior population that demands a variety of services have helped bring visitors.

Housed in the **Woodburn Health Center** (1475 Mt. Hood Ave.; 971-983-5200), the **Wellspring Grill** (971-983-5280), formerly Vitality Bistro, is a boost to the city. A part of **Silverton Health** (342 Fairview St., Silverton; 503-873-1500; [silvertonhealth.org](http://silvertonhealth.org)), the Woodburn Health Center includes medical specialties, spa, gift shop and conference center. The restaurant is open to the public, and the menu changes periodically to take advantage of fresh, local seasonal foods. You might find house-made granola with yogurt, an albacore tuna wrap, Asian stir-fry, St. Louis style pork ribs in peach barbecue sauce or roasted Cornish game hen. Open for breakfast, lunch and dinner; closed Sundays.

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